



Triathlete from Czechia, 17

Johana Kunzová

On the road to Ironman Nice 2027 – 226 km in a single day.

A 17-year-old triathlete from Sportovní gymnázium Kladno. The bike is her strongest discipline, she plans most of her own training and she paid her Ironman Nice entry herself.

1:49:20

Czechman short 2026

100 km

walked non-stop in
19:08:09

1:03

10 km personal best

17 km

non-stop run on her 17th
birthday

Why triathlon

"I used to do speed skating, beach volleyball and lots of other sports. Triathlon is the one that stuck, because it's all about me and how I face the challenge."

6–9 h of training per week around school – and the volume grows every week. Team: swim coach and physiotherapist.

Season 2027

12 June 2027

Czechman

First half Ironman: 1.9 km swim, 90 km bike, 21.1 km run

12 Sept 2027

Ironman Nice

3.8 km swim, 180 km bike, 42.2 km run

Reach

1,292

TikTok followers

436

Instagram followers

Young athletes

from around the world

CZ + EN

content in two languages

Partnership

Content

Posts, stories and TikTok videos from training, racing and everyday life.

Race partner

Logo on race kit and gear at Czechman and Ironman Nice 2027.

Ambassador

Long-term testing of gear, nutrition and apparel, with honest reviews.

A TT bike for Nice

Moving from a road bike to a TT bike – Canyon is her dream brand.

Gluten- and lactose-free fuel

Coeliac and lactose intolerant – she knows what really works.

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